

The Gefühlsmonster® Cards are a tool to unfold the magic of emotionally intelligent communication. People of all ages and backgrounds can achieve a better mutual understanding, more meaningful feedback and more efficient conflict-resolution.

Gefühlsmonster® Cards

- 25 cards depicting different emotions
- language and culture independent, used world-wide
- Used in: education, HR and team development, trainings, therapy, and at home



What our customers say

Quick facts

- "Gefühlsmonster" = German for "Emotion Monsters"
- Founded in 2005
- More than 60,000 sets sold
- Locally designed and produced
- Plastic-free packaging
- Climate-neutral printing
- Gefühlsmonster Academy founded in 2020; 750+ seminars; 3000+ participants

"Working with the Gefühlsmonster cards has been extremely well received. For the first time, participants are no longer just talking about content, but about feelings." (Global Corporation Team Camps)

"The atmosphere often changes as soon as I introduce the cards into my conversations." (Therapist)

"For me, the Gefühlsmonsters are very helpful because the children can use them to express themselves very clearly when they are not yet able to name their feelings well." (School Social Worker)

For more client feeback:

gefuehlsmonster.de/en/case-studies



Our partners











